

Questions?

Contact Judy Naughton, U-46
District Dietitian, at
judithnaughton@u-46.org or call
(847)-888-5000 ext. 5034

February

2024

Supper Menu

***WGR= Whole Grain Rich*****MENU SUBJECT TO CHANGE**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		Choice of up to two fruits, two vegetables, and one milk choice, either 1% plain or flavored or unflavored fat-free milk with all entrees.		1 Cobb Salad w/ Corn Bread (WGR)* Apple Slices Tomato	2 Bagel (WGR)* Banza Butter Orange or Grapes Lima Beans
5 Yogurt, Granola (WGR)*, String Cheese Applesauce Green Beans	6 Turkey Ham Cheese Sliders Juice Edamame	7 Sunjammer + String Cheeses Banana Vegetable Juice	8 Cheese Croissant (WGR)* Apple Slices Broccoli	9 Nachos (chips, cheese cup, and bean dip) Orange or Grapes Carrots	
12 Fajita Chicken Wrap (WGR)* Applesauce Cucumbers	13 Yogurt, String Cheese, Graham (WGR)* Banana Vegetable Juice	14 Turkey Sub (WGR)* Juice Broccoli		15 Cheese Pizza Lunchable (WGR)* Apple Slices Fiesta Beans	16 Veggie Lunchable (Cracker (WGR)*, hummus, cheese cubes) Orange or Grapes Carrots
19 NO SCHOOL PRESIDENTS' DAY 	20 Sunjammer (WGR)* + Sunflower Seeds Applesauce Vegetable Juice	21 Turkey Ham & Cheese Sliders (WGR)* + Sunflower Seeds Juice Carrots	22 Cobb Salad w/ Corn Bread (WGR)* Banana Corn	23 Bagel (WGR)* Banza Butter Apple Slices Lima Beans	
26 Yogurt, String Cheese, Graham (WGR)* Applesauce Green Beans	27 Nachos (chips, cheese cup, and bean dip) Juice Pizza Fava Beans	28 Yogurt, String Cheese, Graham (WGR)* Banana Vegetable Juice	29 Turkey Ham & Cheese Sandwich (WGR)* Apple Slices Broccoli	3/1 Cheese Croissant (WGR)* Orange or Grapes Carrots	